

MENTAL HEALTH STRATEGY – REPORT ON PROGRESS – ACTION 4

Date of report	18-07-2019
Date of last report	26-11-2018
Project end date	March 2020
Action Number	4
Action Owner (s)	Judy Thomson
Action Link	Ally Winford
Action Text	Complete the rollout of national implementation support for targeted parenting programmes for parents of 3- and 4-year olds with conduct disorder by 2019-20 .

Progress Update from Previous report	RAG
1. Since 2013, 22 CPP areas in total have adopted the PoPP model. 20 of these CPP areas are continuing to actively implement the PoPP plan, and are currently delivering 65 PoPP groups (48 IY groups; 17 TP groups). The remaining two areas have chosen to pause their PoPP activity at this time.	Green
2. Since November 2018, 30 practitioners have completed the full suite of PoPP training in either the Incredible Years or Triple P programmes. This takes the overall total to 763 practitioners (499 IY; 288 TP; 24 practitioners have been trained in both programmes) who have been trained to deliver these programmes since the PoPP implementation started in 2013. The majority of these practitioners have been employed within Education (53%), followed by NHS Boards (22%), Social Care (17%) and the Third Sector (4%).	Green
3. Overall 870 PoPP groups have now been delivered (or are currently being delivered) to 5,515 families (including 6,326 caregivers). This is an increase from the previous total of 775 PoPP groups delivered to 4,864 families by November 2018.	Green

Key Deliverables in next 6 months (include estimated date for each deliverable)	RAG
1.Support the ongoing implementation and sustainability of the Psychology of Parenting Project (PoPP) in mature PoPP sites so that at least 55 new PoPP groups are delivered (July-December 2019).	Amber
2. Deliver top-up training in the Incredible Years Preschool Programme for 20 new PoPP practitioners (December 2019).	Green
3. Host a meeting of the National PoPP Coordinators Network to support sustainability and improvement planning (December 2019).	Green
4. Create an online community of practice page for PoPP Coordinators on the Knowledge Network to share information, resources and host online discussions (September 2019).	Green

What does success look like?

1. During 2019-20, complete delivery of:

- * the full suite of PoPP-scheme start-up training to a minimum of 45 multi-sector practitioners
- * 12 practice support sessions across 20 CPP areas to a minimum of 50 practitioners
- * training for a minimum of 150 multi-sector practitioners in empowering and strength-based ways to engage families to participate in PoPP groups, and Train the Trainer training for 10 practitioners in this approach.

2. Continue to maintain or improve the level of positive outcomes for children aged 3-6 years with elevated levels of behaviour problems that was achieved in the first 3-year period of the PoPP roll-out i.e. 60% of the children (for whom we have pre and post treatment outcome data) whose behaviour at the start of the group was rated by their parents to be at an elevated level of concern had moved out of this high-risk range when their parents finished attending a group.

What data (if any) can evidence delivery?

1. Since November 2018, 95 groups have been delivered to 651 families, taking the overall PoPP delivery since 2013 to 870 groups delivered to 5,515 families.

2. Currently 62% of those children (for whom we have pre and post intervention data) whose behaviour at the start of the group was rated by their parents to be at an elevated level of concern, had moved out of this high-risk range when their parents had finished attending a group. This is an improvement from the 60% rate that was achieved during the first three years of the PoPP implementation, and a further improvement from the 61% rate that was achieved between August 2016-December 2018.

3. 53% of families who have enrolled in a PoPP group have completed the group.

Any other comments

From August 2016, the PoPP age range was extended from 3-4 years to include 5 and 6 year-old children as well. 1,104 children aged 5 or 6 have now taken part in a PoPP group.