

1. ANNEX 4(D)



PROPOSALS FOR NATIONAL HEALTH AND WELLBEING OUTCOMES RELATING TO THE PUBLIC BODIES (JOINT WORKING) (SCOTLAND) ACT 2014

CONSULTATION QUESTIONS

1. Do you agree with the prescribed National Health and Wellbeing Outcomes?

Yes

No

If no, please explain why:

It is not clear that mental health is included in the outcomes.

The overarching recommendation from the Institute of Medicine Quality Report is: "Healthcare for general, mental and substance-use problems and illnesses must be delivered with, and understanding of, the **inherent connections between the mind/brain and the rest of the body...**"

There is strong evidence to suggest that many people in Scotland living with multiple conditions have poorer physical and mental health outcomes.

Poor physical health affects mental health and vice versa resulting in poor outcomes for both. People are healthier and have better overall personal outcomes if their mental **and** physical health and wellbeing are supported and/or treated appropriately.

2. Do you agree that they cover the right areas?

Yes

No

3. If not, which additional areas do you think should be covered by the Outcomes?

Mental health.

4. Do you think that the National Health and Wellbeing Outcomes will be understood by users of services, as well as those planning and delivering them?

Yes

No

5. If not, why not?

The Outcomes would be better understood if Outcome One was further clarified to state that “health” includes both physical **and** mental health.

This may be implicit in the current outcome but it is not clear.

If the words “mental and physical” are included in Outcome One it will be clear that the outcomes include **both** mental **and** physical health and wellbeing.

The Outcome will affect which indicators will be considered and included in the future. This in turn will affect what service users expect and what Integration Authorities will prioritise, deliver and measure. It is important to be clear that the Outcomes include mental health and wellbeing, and that services and support are designed, delivered and evaluated accordingly.

Outcome One would then read as follows:

“People are able to look after and improve their own **mental and physical** health and wellbeing and live in good **mental and physical** health for longer.”

6. Are there any further comments you would like to offer on these draft Regulations?

No.