

Consultation response

Question 1: We would like to know in what context you are responding. Please choose one of the following:

I am responding as:

- a) an individual who experiences chronic pain
- b) a family member or carer of someone who experiences chronic pain
- c) a health professional
- d) an organisation representing people who experience chronic pain
- e) other stakeholder (please tell us in the comments box below)

Comments (box expands with text input - there is no word limit)

Question 2: Please choose your preferred option (Chapter 2 provides details).

- Option 1 – a centre of excellence in a single location
- Option 2 – a service delivered by local chronic pain clinicians
(supported by other clinical advisors in another part of the country)
- Option 3 – a service delivered in different locations
(by a team of chronic pain specialists – an outreach or roving service)

Please tell us why this is your preferred option in the comments box below. The factors listed in Chapter 2 of the consultation paper may help you.

I firmly believe that progress in a specialised area needs to have a single specialised centre. This not only concentrates expertise at one site but gives patients the best possible up to date innovative treatment. A centre of excellence can then train staff of all grades (medical and nursing) to take their expertise into the wider community. Multiple centres although potentially providing care closer to home will dilute expertise nationally, reduce throughput and not be able to initially train up sufficient numbers of staff with the necessary expertise. Community based or roving clinics are grossly inefficient on staff time and provide very poor training possibilities. A single centre is the only solution for a world class leading service to be established which in the long term could offer the best service to patients.

Question 3: Are there any of the options you disagree with? (If No, move straight to Question 4.)

If yes, please tell us which one(s) in the comments box, and why?

Comments (box expands with text input - there is no word limit)

Question 4: If you have other ideas that have not been covered, please tell us about these in the comments box below. You may want to include the advantages and disadvantages of each.

Where community based services have been established in England in other disciplines after 4 to 5 years most have been withdrawn to a central location due to inefficiency of a dispersed service.

Question 5: What do you think the barriers are to accessing a residential pain management service? (For example, distance away from family, work or family commitments, upfront travel costs.)

Please list as many as you wish in the comments box below and include any others that are important to you.

Comments (box expands with text input - there is no word limit)

Question 6: Please choose from the list below which aspects of residential pain management services should be included in a Scottish service.

(choose as many as apply)

- | | |
|---|----------------------------|
| A chronic pain assessment | X <input type="checkbox"/> |
| Supported one to one sessions to teach coping skills | X <input type="checkbox"/> |
| Group sessions | X <input type="checkbox"/> |
| Residential accommodation | X <input type="checkbox"/> |
| Opportunity for immediate carer/support provider to accompany patient | <input type="checkbox"/> |
| Peer support | X <input type="checkbox"/> |
| Tailored exercise programme | X <input type="checkbox"/> |
| Medication assessment | X <input type="checkbox"/> |
| Other (please tell us in the comments box below) | <input type="checkbox"/> |

Comments (box expands with text input - there is no word limit)

Question 7: Irrespective of the final service model selected, should access to the current service provided in Bath (or elsewhere in the UK) be retained for occasional use?

Yes No Don't Know

Question 8: Have you previously attended, or supported someone attending a residential service outside Scotland?

Yes (please answer Question 9)

No (please move straight to Question 10)

Question 9: If you have attended, or supported someone attending a residential service outside Scotland, please tell us about any advantages and disadvantages of the experience.

Comments (box expands with text input - there is no word limit)

Question 10: If you, or someone close to you, has been offered but declined a residential service outside Scotland what were the reasons for this?

Comments (box expands with text input - there is no word limit)

Question 11: If you wish to add any further comments on issues raised in the consultation paper or current chronic pain services in Scotland, please use the comments box below.

Comments (box expands with text input - there is no word limit)