

Consultation response: the provision of specialist residential chronic pain services in Scotland

Question 1: We would like to know in what context you are responding. Please choose one of the following:

I am responding as:

- a) an individual who experiences chronic pain
- b) a family member or carer of someone who experiences chronic pain
- c) a health professional
- d) an organisation representing people who experience chronic pain
- e) other stakeholder (please tell us in the comments box below)

Question 2: Please choose your preferred option (Chapter 2 provides details).

- Option 1 – a centre of excellence in a single location
- Option 2 – a service delivered by local chronic pain clinicians
(supported by other clinical advisors in another part of the country)
- Option 3 – a service delivered in different locations
(by a team of chronic pain specialists – an outreach or roving service)

Please tell us why this is your preferred option in the comments box below. The factors listed in Chapter 2 of the consultation paper may help you.

A SINGLE LOCATION WILL ATTRACT SPECIALISTS WITH DIFFERENT SKILLS AND EXPERTISE. WORKING TOGETHER THEY CAN PROVIDE A ROUNDED SERVICE FOR EACH PATIENT.

AS THE CENTRE BECOMES ESTABLISHED MORE CLINICIANS AND SUPPORT STAFF WILL WANT TO BE PART OF THIS GROUND BREAKING SERVICE

THERE ARE TWO CENTRES IN A SINGLE LOCATION IN ENGLAND, ONE IN WALES, SO WHY NOT ONE IN SCOTLAND

Question 3: Are there any of the options you disagree with? (If No, move straight to Question 4.)

If yes, please tell us which one(s) in the comments box, and why?

OPTIONS 2 AND THREE WILL OFFER A BITTY
PIECEMEAL SERVICE

Question 4: If you have other ideas that have not been covered, please tell us about these in the comments box below. You may want to include the advantages and disadvantages of each.

Question 5: What do you think the barriers are to accessing a residential pain management service? (For example, distance away from family, work or family commitments, upfront travel costs.)

Please list as many as you wish in the comments box below and include any others that are important to you.

BARRIERS CAN BE OVERCOME IF THERE IS A WILL TO DO SO.

DUE TO THE GEOGRAPHY OF THE COUNTRY AND THOSE IN REMOTE COMMUNITIES, PEOPLE HAVE ALWAYS UNDERSTOOD THE NEED TO TRAVEL TO ACCESS TREATMENT.

FUNDING COULD BE APPLIED FOR FROM CHARITIES, ETC TO SUBSIDISE THE TRAVEL COSTS AND RESIDENTIAL COSTS FOR PATIENTS AND THEIR FAMILIES

Question 6: Please choose from the list below which aspects of residential pain management services should be included in a Scottish service.

(choose as many as apply)

- A chronic pain assessment
- Supported one-to-one sessions to teach coping skills
- Group sessions
- Residential accommodation
- Opportunity for immediate carer/support provider to accompany patient
- Peer support
- Tailored exercise programme
- Medication assessment
- Other (please tell us in the comments box below)

A GOOD WELL BALANCED DIET FOR ALL PATIENTS
EG. GOOD QUALITY BREAD, PLENTY OF FRESH FRUIT
AND VEGETABLES. NO PROCESSED MEATS AND ALL FOOD
ATTRACTIVELY PRESENTED

Question 7: Irrespective of the final service model selected, should access to the current service provided in Bath (or elsewhere in the UK) be retained for occasional use?

Yes No Don't Know

Question 8: Have you previously attended, or supported someone attending a residential service outside Scotland?

Yes (please answer Question 9)

No (please move straight to Question 10)

Question 9: If you have attended, or supported someone attending a residential service outside Scotland, please tell us about any advantages and disadvantages of the experience.

Question 10: If you, or someone close to you, has been offered but declined a residential service outside Scotland what were the reasons for this?

NOT APPLICABLE

Question 11: If you wish to add any further comments on issues raised in the consultation paper or current chronic pain services in Scotland, please use the comments box below.

(End of questions. If you require more space to write answers, you may submit as many additional pages as you wish. If doing so, please clearly state the question numbers that your answers relate to.)