

Consultation response

Question 1: We would like to know in what context you are responding. Please choose one of the following:

I am responding as:

- a) an individual who experiences chronic pain
- b) a family member or carer of someone who experiences chronic pain
- c) a health professional
- d) an organisation representing people who experience chronic pain
- e) other stakeholder (please tell us in the comments box below)

Question 2: Please choose your preferred option (Chapter 2 provides details).

- Option 1 – a centre of excellence in a single location
- Option 2 – a service delivered by local chronic pain clinicians
(supported by other clinical advisors in another part of the country)
- Option 3 – a service delivered in different locations
(by a team of chronic pain specialists – an outreach or roving service)

Please tell us why this is your preferred option in the comments box below. The factors listed in Chapter 2 of the consultation paper may help you.

- (1) I suggest St John's Hospital at Livingston. It has all the necessary staff and a gym. It is within easy reach of Edinburgh Glasgow - 45 mins e.g. by train. Cheap Hotel Accommodation at Edinburgh Park Novotel & Premierbridge. Hospital 10 min from station.

(2) Just north Glasgow has I believe under used facilities.

Question 3: Are there any of the options you disagree with? (If No, move straight to Question 4.)

If yes, please tell us which one(s) in the comments box, and why?

option 3

I disagree with a roving service. It would be difficult to get medical staff and a multidisciplinary team to agree to being away from home.

Question 4: If you have other ideas that have not been covered, please tell us about these in the comments box below. You may want to include the advantages and disadvantages of each.

Question 5: What do you think the barriers are to accessing a residential pain management service? (For example, distance away from family, work or family commitments, upfront travel costs.)

Please list as many as you wish in the comments box below and include any others that are important to you.

I think the barriers for this service would be medical staff not keen to participate
Other team members could be sourced from local hospitals
If patients are very unwell, they would not raise any objections unnecessarily

Question 6: Please choose from the list below which aspects of residential pain management services should be included in a Scottish service.

(choose as many as apply)

- | | |
|---|-------------------------------------|
| A chronic pain assessment | <input checked="" type="checkbox"/> |
| Supported one-to-one sessions to teach coping skills | <input checked="" type="checkbox"/> |
| Group sessions | <input type="checkbox"/> |
| Residential accommodation | <input checked="" type="checkbox"/> |
| Opportunity for immediate carer/support provider to accompany patient | <input checked="" type="checkbox"/> |
| Peer support | <input type="checkbox"/> |
| Tailored exercise programme | <input type="checkbox"/> |
| Medication assessment | <input checked="" type="checkbox"/> |
| Other (please tell us in the comments box below) | <input type="checkbox"/> |

Question 7: Irrespective of the final service model selected, should access to the current service provided in Bath (or elsewhere in the UK) be retained for occasional use?

Yes No Don't Know

Question 8: Have you previously attended, or ~~supported someone attending~~ a residential service outside Scotland?

Yes (please answer Question 9)

No (please move straight to Question 10)

Question 9: If you have attended, or supported someone attending a residential service outside Scotland, please tell us about any advantages and disadvantages of the experience.

In a Hospital Disadvantage:
Abingdon Hospital near Reading 1982
Self funded. Long journey in hospital for
1 week
Husband and child were able to stay
with relatives in area.
Treatment did not work!!

Question 10: If you, or someone close to you, has been offered but declined a residential service outside Scotland what were the reasons for this?

Question 11: If you wish to add any further comments on issues raised in the consultation paper or current chronic pain services in Scotland, please use the comments box below.

People in Scotland need holistic care and because they are unwell, should not have to travel a great distance to receive this.

(End of questions. If you require more space to write answers, you may submit as many additional pages as you wish. If doing so, please clearly state the question numbers that your answers relate to.)