

Consultation response

Question 1: We would like to know in what context you are responding. Please choose one of the following:

I am responding as:

- a) an individual who experiences chronic pain
- b) a family member or carer of someone who experiences chronic pain
- c) a health professional
- d) an organisation representing people who experience chronic pain
- e) other stakeholder (please tell us in the comments box below)

Question 2: Please choose your preferred option (Chapter 2 provides details).

- ▶ Option 1 – a centre of excellence in a single location
- Option 2 – a service delivered by local chronic pain clinicians (supported by other clinical advisors in another part of the country)
- ▶ Option 3 – a service delivered in different locations (by a team of chronic pain specialists – an outreach or roving service)

Please tell us why this is your preferred option in the comments box below. The factors listed in Chapter 2 of the consultation paper may help you.

Think a centre of excellence which could operate in a similar way to WELSH plan where outreach - peripetetic - work could be taken to the most distant regions of rural Scotland for a few months

* local practitioners need to be improved as people cannot be left alone before or after specialised treatment. At present waiting horrendous. [TAYSIDE]

* ALL PHYSIO, OT, MEDICS.

Question 3: Are there any of the options you disagree with? (If No, move straight to Question 4.)

If yes, please tell us which one(s) in the comments box, and why?

All necessary.

Question 4: If you have other ideas that have not been covered, please tell us about these in the comments box below. You may want to include the advantages and disadvantages of each.

EDUCATION
eg ABERDEEN University consulting with
our LONG TERM ^{ILLNESS} GROUP with their PHARMACY
STUDENTS and one of our members has
given a "lecture"
PATIENTS CENTRE OF MEDICAL
PROFESSIONS EDUCATION -
MONEY WHERE IS MONEY COMING FROM?
WILL IT BE RING FENCED?
GP FIRST LEVEL THEY NEED ~~BE~~ EDUCATING

Question 5: What do you think the barriers are to accessing a residential pain management service? (For example, distance away from family, work or family commitments, upfront travel costs.)

Please list as many as you wish in the comments box below and include any others that are important.

DISTANCE

Rural Scotland = much poverty
Travelling great distance and leaving family
is extremely stressful and makes PAIN worse
Important to take this into account
Holistic Approach needed so to remove
Person with CHRONIC PAIN SUFFERER to a great
distance NOT GOOD.

MONEY

I am worried that money for this is
going to be difficult to find as HEALTH
AUTHORITIES are fully committed to their
present facilities.

PAIN will be a poor RELATION like

PSYCHIATRY

Question 6: Please choose from the list below which aspects of residential pain management services should be included in a Scottish service.

(choose as many as apply)

- A chronic pain assessment
- Supported one-to-one sessions to teach coping skills
- Group sessions
- Residential accommodation
- Opportunity for immediate carer/support provider to accompany patient
- Peer support
- Tailored exercise programme
- Medication assessment
- Other *(please tell us in the comments box below)*

The PAIN ASSOCIATION SCOTLAND provide an excellent service [Paul Szeer is inspirational] but there is more needed. Everything should not be left to charities and Volunteers - [Self Management Support groups] - what other health issue is supported - 80% by charities & Volunteers

Question 7: Irrespective of the final service model selected, should access to the current service provided in Bath (or elsewhere in the UK) be retained for occasional use?

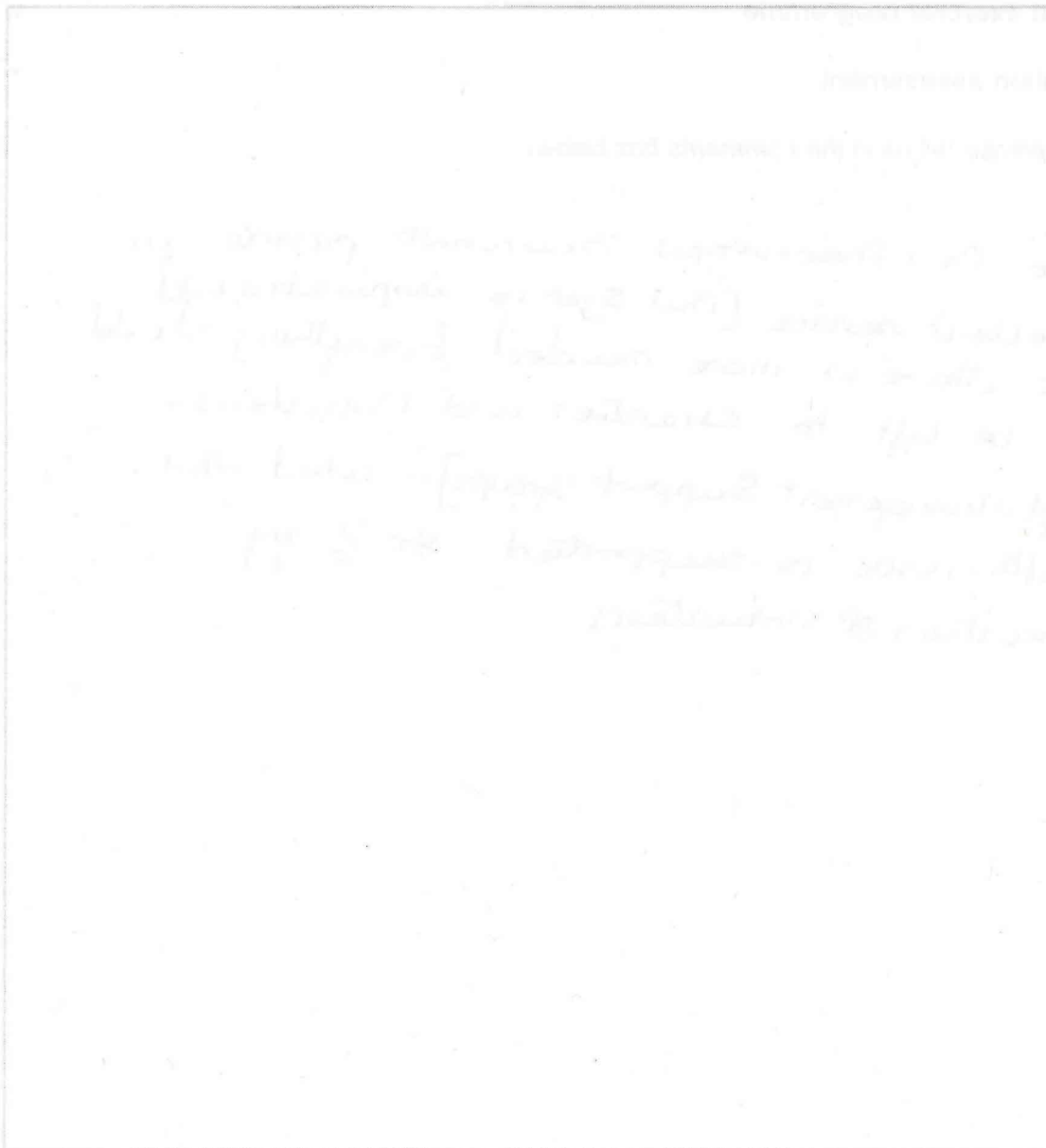
Yes No Don't Know

Question 8: Have you previously attended, or supported someone attending a residential service outside Scotland?

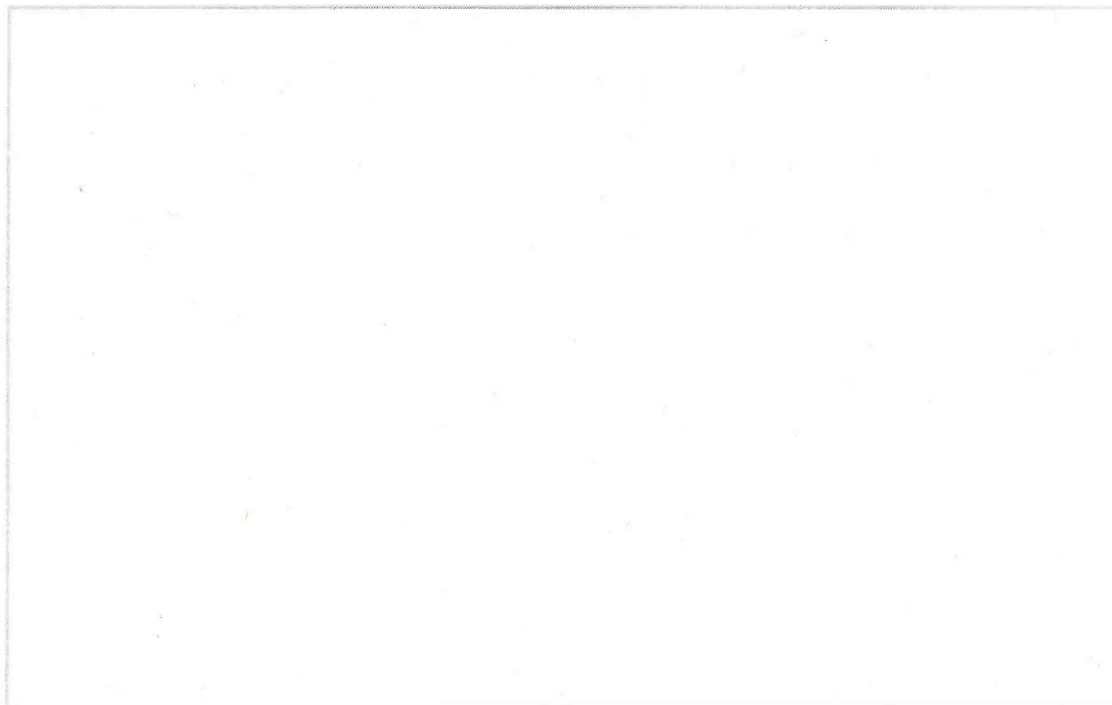
Yes (please answer Question 9)

No (please move straight to Question 10)

Question 9: If you have attended, or supported someone attending a residential service outside Scotland, please tell us about any advantages and disadvantages of the experience.

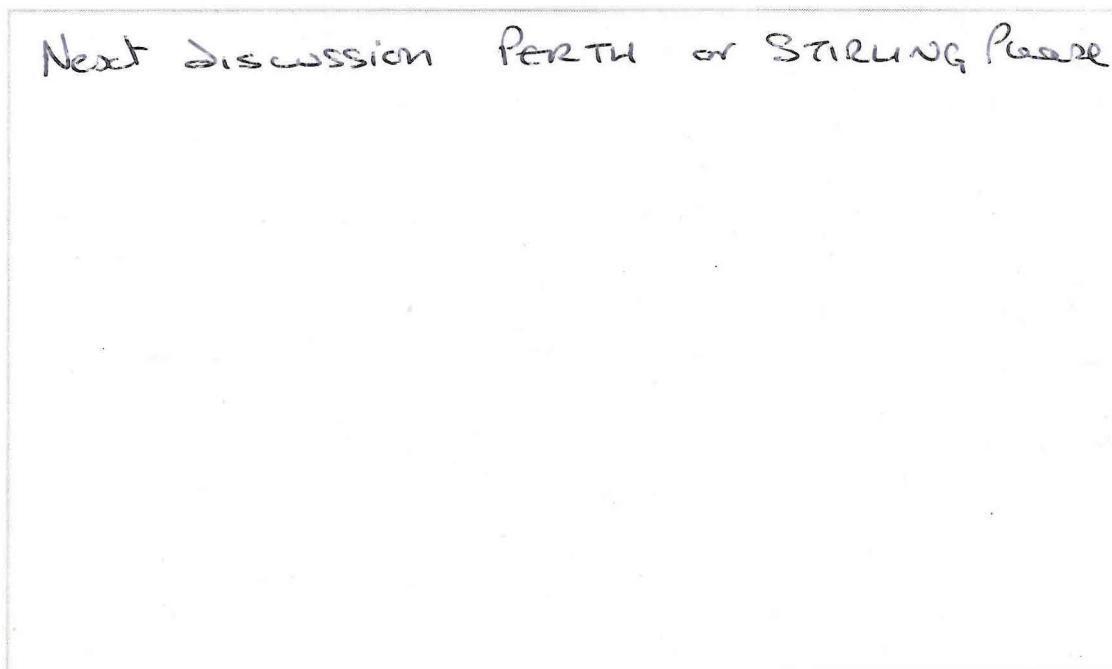


Question 10: If you, or someone close to you, has been offered but declined a residential service outside Scotland what were the reasons for this?



Question 11: If you wish to add any further comments on issues raised in the consultation paper or current chronic pain services in Scotland, please use the comments box below.

Next discussion PERTH or STIRLING PAPER



(End of questions. If you require more space to write answers, you may submit as many additional pages as you wish. If doing so, please clearly state the question numbers that your answers relate to.)