

## CONSULTATION QUESTIONS

### Progress and Challenges

**Q.1 Do the findings of the evaluation broadly reflect your views about services for people with learning disabilities/carer?**

Yes  No

Please provide any comments, evidence and/or examples here

**Q. 2 Can you give examples, either locally or nationally, of what you think has worked well over the last 10 years of *The same as you?***

Please provide any comments and/or examples here

**Q. 3 Can you give examples of issues in current work and/or policies that still need to be addressed?**

Please provide any comments and/or examples here

**Good Practice – Organisations**

**Q. 4 Can you provide examples of what you have done over the last 10 years, within your organisation, to improve services and access to services within your local area?**

Please provide any comments and/or examples here

### **Good Practice - Individuals**

**Q.5 What have you done, as an individual, to make positive changes within your local area?**

Please provide any comments and/or examples here

### **Future Priorities - Healthcare**

**Q.6 What still needs to be done to ensure that people with learning disabilities have access to better and more appropriate healthcare?**

The graphic below represents the key responses to the healthcare questions and were gathered from the 2 smaller focus group discussions which formed the basis of the event.



In addition to these key points the following issues were raised in the discussion groups.

- Should be able to choose/be asked man or woman for support
- Problems getting prescriptions
- Not easy to find hospital – no map or letter.
- Helps to have support for appointments
- Words for things change – sometimes too complicated – foot doctor has been good
- Not always taken seriously by professionals
- Exercise can be a good way to make friends
- Letters and info need to be in plain English – Graphics, Large print, Phone calls, Reminders, Text Message – Info in lots of different ways
- Good Life Group are trying to change the above
- Advice from support workers is good
- Stop smoking classes good
- Not always easy to co-ordinate support with hospital appointments
- Generally things have got better over last ten years
- Gym and baths can get too busy- limit times and number of

people

- More staff and check others training
- Community based
- GP very good
- W/Dunbartonshire Leisure Pool – long time to wait – referral to hydro pool
- Big words
- Still a problem
- Hospital - lack of time
- Health promotion
- JHJP S. Lanark People's Trust
- Policies there – e.g. passports
- Time Investment in People
- Workforce
- More theory into practice
- Accessible DVD and leaflets, booklets.
- NHS Lanarkshire (website)

### Future Priorities - Education

**Q.7 What still needs to be done to ensure that people with learning disabilities have access to better educational opportunities?**

The graphic below represents the key responses to the healthcare questions and were gathered from the 2 smaller focus group discussions which formed the basis of the event.



In addition to these key points the following issues were raised in the discussion groups.

People with learning disabilities and family carers said:

- People with learning disabilities and family carers said:
- Often segregated in schools and further education “Special classes” – creates barriers, leads to bullying
- Travelling the same as everyone else – “Sat Nav Bracelets” to help people travel
- College Courses are not always what we need – The right kind of courses help confidence
- Support organisations often offer other courses ‘choosing staff’ etc... Schools should do community experience help break down barriers
- Classes sometimes move too fast – puts people off – need a way to give feedback
- Older people have done the same course over and over again – young people seem to be more targeted for courses
- Staff training – teachers don’t always attend awareness courses – no “one size fits all” needs to be tailored to individual
- Made to do courses – more choice and control on what we do – qualifications – should lead to a job
- Ways to build up confidence
- People must be involved in their decisions
- More resources to enable people to go to mainstream school
- Equal learning opportunities

## Future Priorities – Independent Living

**Q.8 What still needs to be done to ensure that people with learning disabilities are able to live independently?**

The graphic below represents the key responses to the healthcare questions and were gathered from the 2 smaller focus group discussions which formed the basis of the event.



In addition to these key points the following issues were raised in the discussion groups.

People with learning disabilities and family carers said:

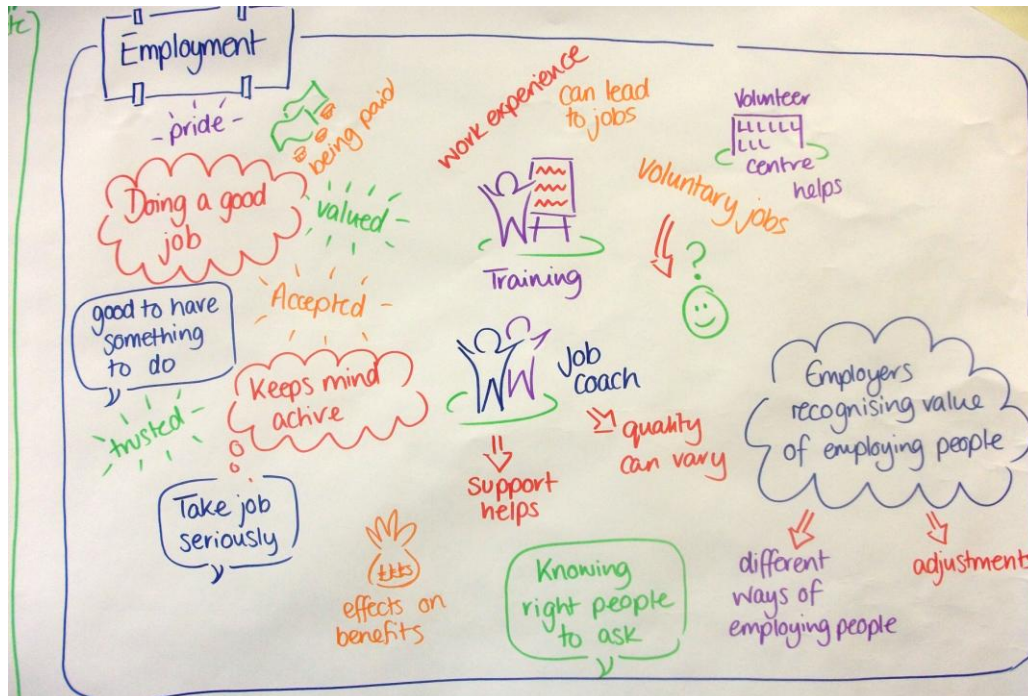
- Letters and info form banks, healthcare etc in jargon
- “Sat Nav Braclets” to help with independent travel
- Getting the right kind of support – amazing!
- A chance to grow and move on
- Sharing success helps people to move on
- More independent-confident
- Working as a team to fight discrimination

- Having good neighbours
- Personal alarms “bit nervous at start”
- Taking small steps towards independence
- Having my own tenancy
- Chose not to have support
- Experience of Housing Assoc. has been good
- Overcoming other peoples’ fears
- Having choice about my home
- Difficulties in system re: self directed support-complicated
- Living in a care home – my own home
- Too much pressure – problems with family wanting something else
- Being part of People First
- More friendships
- Advocacy
- People terrified about benefit changes
- Assessment
- Control over money
- Getting better – motivation-confidence-chance
- Be encouraged
- More people speak up
- Use Technology (alarms, etc) feel safe
- Speaking at conferences – confidence
- Encouraged to speak up
- Getting out – nightclubs, football – doing the things you want to do when you want to do them
- Stay up late!
- More opportunities to meet anyone
- Choice over where and who you live with
- Support Services can be a barrier – rotas – attitude of staff. – shifts
- Choice of staff
- Fear – find ways to overcome-believe in yourself-set mini goals
- Experience – need to try new things



## Future Priorities – Employment

**Q.9 What still needs to be done to ensure that people with learning disabilities have access to better employment opportunities?**



In addition to these key points the following issues were raised in the discussion groups.

People with learning disabilities and family carers said:

- Taking the job seriously
- Uncertainty over future of voluntary job
- Training and having a job coach and having work experience
- Effect on Benefits needs to be thought about before taking a job
- Support at work can help
- Trusted and accepted
- Social firms were great - voluntary and paid
- Volunteer Centre helps to get voluntary job
- Knowing the Right people to ask
- Job coaching quality can vary
- For many people work experience has led to some kind of work
- An understanding boss is good
- Breaking down barriers

- Look at a different way of employing people – make adjustments
- Support when job finishes not so good
- Being paid for my work
- Employers recognising value of employing people
- Stop assuming everyone does voluntary work
- Getting a job leads to more things (friends etc)
- Real problem with benefits
- Resources are disappearing
- Community support team – good
- No supported employment in some areas (needs ongoing support)
- Stop ticking boxes

## Future Priorities

**Q.10 What other future priorities do we need to focus on?  
(Please list these in order of importance with the most important first)**

- Need to challenge Westminster on the benefit changes
- More places to live independently (Different types of accommodation)
- Cuts impacting on everything – equality issue – creating an unfair society
- Spending cuts threaten the quality of services
- Need to review more often and update
- Councils should have a duty to listen (Pip)
- Scottish Government should listen to people (not carers and staff) and people's organisation (eg. People first)

## Graffiti Wall – Glasgow (All from one person)

- What does it say about our society if we can't look after the vulnerable people in our communities?
- Please implement the recommendations. No more consultation!
- If government really values carers, why, when carers are no longer able to care, do they find that there is no guarantee that their family members will be taken care of in an appropriate manner?
- Lack of educational opportunities after leaving school. College courses not tailored to individual need. Waste of council money.
- There is less choice now than 3 or 4 yrs ago. Lack of appropriate funding is having a huge impact on personal choice.
- Funders need to look at making cuts elsewhere. Stop making choices which are politically motivated.
- This roadshow should be open to policy makers and councillors
- Hospital staff need training on how to communicate with individual patients who are non-verbal. Wait too long to see consultants and get fobbed off. See nurse specialists.

From one other person:

Respite, in reality reduction of availability due to cuts.