



Leading Change – Promoting Inclusion

The new duties laid upon local authorities in Scotland to promote opportunities for people with mental health issues combines with the publication of the government report, *Mental Health and Social Exclusion* to focus attention on leadership for inclusion. This two-day course offers staff an opportunity to reflect on some of the issues involved in developing inclusion-orientated and recovery-focused mental health services, and shares tools to assist front line staff deliver this agenda.

Venue: ***The Islay Suite – Swallow Hotel Glasgow***

517 Paisley Road West, Glasgow G51 1RW – Tel: 0141 4273146

Web: www.swallow-hotels.com/hotels/swallow-glasgow

Day One 4th September 2006:

From 10am Registration and refreshments

10.30am Session 1 – welcome and introductions.

Who are you and where are you from? What are you **proud** of and what are you **perplexed** by in relation to increasing socially inclusive opportunities for mental health service users?

Session 2

Introducing some thinking tools that help us to reflect on the alternative meanings of inclusion and approaches to challenging exclusion.

12.30 Lunch – Buffet - Tea or Coffee

1.30 Session 3

Paying attention to individual aspirations

3.00 Break

3.20 Session 4

Community mapping - If we are to make a good match between people's aspirations and community opportunities, we must exercise a similar thoroughness in assessing the community as we do to assessing the person. In this part of the day we will consider how to gather, collate and present this information.

5.00 Day finishes

7.00 Evening Meal - Hotel Restaurant

Day Two 5th September 2006:

- 9.30 Session 1
Strategies for supporting individuals. A framework for developing an inclusion plan with one individual
- 10.30 Break
- 10.50 Session 2
Measuring Inclusion. A couple of ways to monitor for inclusion outcomes.
- 12.30 Lunch – Buffet - Tea or Coffee
- 1.30 Session 3
Avoiding Accidents. How organisations can get into difficulties in moving towards an inclusive approach and how these difficulties might be avoided.
- 3.00 Break
- 3.20 Session 4
Action Planning. Some time to decide what to do next and share that with others.
- 4.00 Day finishes