

# Cancer in Scotland: Sustaining Change

Cancer Incidence Projections for Scotland (2001-2020)

An Aid to Planning Cancer Services

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## Update of Cancer Scenarios

The projections based on incidence trends observed during 1961-2000 and Government Actuary Department 2002-based population projections for Scotland

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# FOREWORD

*Cancer Scenarios* published in 2001 mapped out how cancer in all its forms might affect Scots over the subsequent decade and provided a foundation for forward planning. The projections indicated a likely continuing increasing trend in incidence over the next 10-15 years.

It is important to check these projections every few years using up-to-date information as it becomes available. This document reviews those cancer projections and extends them to 2020. It is based on the Government Actuary Department population projections and the most recent cancer incidence figures up to 2000. Although incidence is largely on track compared with the projections in 2001 the underlying trends have changed considerably for some cancers.

We hope that NHSScotland will find this update as useful as the original *Cancer Scenarios* in planning cancer services in the longer term.

A handwritten signature in black ink, appearing to read 'E M Armstrong', written in a cursive style.

**E M Armstrong**  
Chief Medical Officer



## INTRODUCTION AND SUMMARY

It is predicted that there will be over 168,000 cases of cancer diagnosed in adults in Scotland during 2016-20 (around 33,700 cases per annum) compared to around 26,400 cases per annum actually recorded during 1996-2000. Most types of cancer are predicted to increase in numbers of new cases. Notable exceptions are stomach, lung and cervical cancers, all of which are predicted to decline. Overall, it is predicted that there will be a 28% increase in the number of people diagnosed with cancer over the next 20 years (approximately 1.4% per year).

An increase of around 650 cases a year is expected in the under 75s and 1,200 in those aged 75 and over. Most of the predicted increase is attributed to a growing number of elderly people in the population. However, the individual risk of some types of cancer is also predicted to increase.

Cancer (ICD <sup>1</sup> code)	N diagnosed 1996-2000	N predicted 2016-2020	Difference (N)	Difference (%)
Head and neck (C00-C14, C30-C32)	4,999	6,571	1,572	31.4
Oesophagus (C15)	3,907	6,420	2,513	64.3
Stomach (C16)	4,824	3,701	-1,123	-23.3
Colorectal (C18-C20)	17,310	24,643	7,333	42.4
Lung (C33-C34)	23,354	20,747	-2,607	-11.2
Pancreas (C25)	3,165	4,101	936	29.6
Melanoma of skin (C43)	3,312	5,727	2,415	72.9
Breast (C50)	17,752	23,697	5,945	33.5
Cervix (C53)	1,737	994	-743	-42.8
Corpus uteri (C54)	2,204	2,944	740	33.6
Ovary (C56)	3,174	4,298	1,124	35.4
Prostate (C61)	10,062	15,405	5,343	53.1
Testis (C62)	966	1,304	338	35.0
Kidney (C64)	2,727	4,708	1,981	72.7
Bladder, all (C67, D09.0, D41.4)	7,538	9,781	2,243	29.8
Brain, meninges and CNS (C70-C72)	1,790	2,210	420	23.4
Hodgkin's disease (C81)	628	691	63	10.1
Non-Hodgkin's lymphoma (C82-C85)	4,156	7,124	2,968	71.4
Leukaemia (C91-C95)	2,996	4,325	1,329	44.4
Other and unspecified	15,606	19,331	3,725	23.9
<b>Total</b>	<b>132,207</b>	<b>168,724</b>	<b>36,517</b>	<b>27.6</b>

Note 1: International Classification of Diseases, Tenth Edition

## MATERIALS

Data from the Scottish cancer registry (extracted April 2004) were used to examine trends in historical cancer incidence rates (1961-2000). Population estimates (1961-2001) and 2002-based population projections (2002-2020) were obtained from the General Register Office (Scotland). All malignancies excluding non-melanoma skin cancer (C00-C96 excluding C44) were considered. The most common 19 malignancies were considered separately (covering 90% of all malignancies), and the remainder combined into a category labelled "Other and unspecified". Only persons aged 35 or more years were included in the analyses, with the exception of melanoma skin cancer (ages 20+), cervical cancer (25+), testicular cancer (20+) and Hodgkin's disease (15+). Due to a recent (late 1990's) change in the coding of bladder cancers it was necessary to combine malignant, *in situ* and uncertain behaviour bladder tumours.

## METHODOLOGY

Generalised linear models (so called age-period-cohort or APC models (Clayton and Schifflers, 1987)) were fitted to the observed data. The following models were considered: age effect only; age effect+linear period effect or 'drift'; age+period effects; age+cohort effects; full age+period+cohort effects model. The models were analysed for each site and gender and the best (most parsimonious) model was then used to make predictions for the future using the GRO(S) population projections.

The models were fitted using five year age groups (35-39, ..., 80-84, 85+) and five year time periods (quinquennia: 1961-65, ..., 1996-2000). Overlapping birth cohorts were then calculated as based on the age groups and time periods. Earlier age groups were considered for testes, uterine cervix, malignant melanoma and Hodgkin's disease. The modelling was performed using SAS Release 8.02.

In applying the best model to the future time periods an assumption was made that the age effects would remain the same in the future, so that the fitted age parameters could be used for the projection. Future period and cohort effect parameters were considered in six different ways (these are fully described in the *Cancer Scenarios* report (Scottish Executive Health Department, 2001)). Three of these allowed drift, the linear trend by period or cohort, to continue into the future. The other methods did not allow period and cohort trends to continue unchanged into the future.

As noted in *Cancer Scenarios*, the limitations of the procedure used here must be stressed. Statistical predictions for values outside the range of observed data used in a model should always be interpreted with caution. There are theoretical reasons why the predictions may be fallible and, in addition, changes may occur in the future which are independent of the historical data and so cannot be identified in the statistical analyses. These include changes in the exposure of the population to risk factors either in the new time periods or in birth cohorts who were too young to be included in the analyses.

## RESULTS

Overall, it is predicted that there will be over 168,000 cases of cancer diagnosed during 2016-20 (around 33,000 cases per year) (see Table 1 and Figure 1). An increase of around 650 cases a year is expected in the under 75's and around 1,200 cases a year in those aged 75 and over (see Tables 2a and 2b). Most of predicted increase is a result of a growing elderly population (see Figure 2).

**Table 1: Predicted numbers of cases 2001-2020 by cancer site**

Cancer	2001-05	2006-10	2011-15	2016-20
Head and neck (C00-C14, C30-C32)	5,455	5,921	6,246	6,571
Oesophagus (C15)	4,422	4,990	5,630	6,420
Stomach (C16)	4,471	4,105	3,931	3,701
Colorectal (C18-C20)	18,517	20,222	22,336	24,643
Lung (C33-C34)	22,672	21,828	21,122	20,747
Pancreas (C25)	3,332	3,568	3,805	4,101
Melanoma of skin (C43)	3,804	4,318	5,027	5,727
Breast (C50) <sup>1</sup>	19,142	20,612	21,902	23,697
Cervix (C53)	1,541	1,349	1,169	994
Corpus uteri (C54)	2,346	2,500	2,710	2,944
Ovary (C56)	3,453	3,724	4,013	4,298
Prostate (C61)	10,478	11,720	13,581	15,405
Testis (C62)	1,064	1,143	1,225	1,304
Kidney (C64)	3,010	3,600	4,112	4,708
Bladder, all (C67, D09.0, D41.4)	8,124	8,632	9,196	9,781
Brain, meninges and CNS (C70-C72)	1,791	1,944	2,065	2,210
Hodgkin's disease (C81)	655	667	671	691
Non-Hodgkin's lymphoma (C82-C85)	4,768	5,457	6,249	7,124
Leukaemia (C91-C95)	3,296	3,618	3,956	4,325
Other and unspecified	16,380	17,277	18,239	19,331
<b>Total</b>	<b>138,723</b>	<b>147,193</b>	<b>157,185</b>	<b>168,724</b>

<sup>1</sup> This does not take into account a short to medium term increase in breast cancer cases expected as a result of extending the Scottish breast screening programme upper age range from 64 to 70.

Table 2a: Observed and predicted numbers of cases by cancer site, ages &lt;75

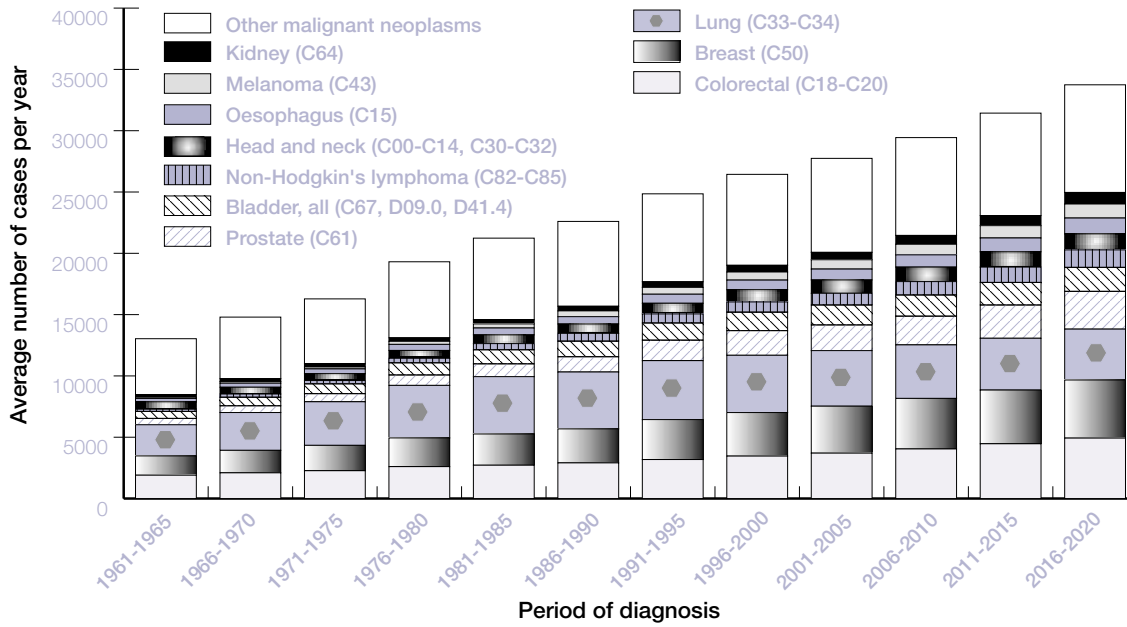
Cancer	1991-95	1996-00	2001-05	2006-10	2011-15	2016-20
Head and neck (C00-C14, C30-C32)	3,408	3,922	4,328	4,597	4,752	4,886
Oesophagus (C15)	2,322	2,415	2,677	2,974	3,303	3,705
Stomach (C16)	3,108	2,776	2,427	2,168	2,058	1,962
Colorectal (C18-C20)	9,582	10,250	10,365	10,953	11,574	12,472
Lung (C33-C34)	16,407	15,216	13,202	11,982	11,376	11,166
Pancreas (C25)	1,755	1,797	1,867	1,940	2,025	2,033
Melanoma (C43)	2,263	2,627	3,002	3,334	3,829	4,301
Breast (C50) <sup>1</sup>	12,458	13,668	14,405	15,370	16,019	17,031
Cervix (C53)	1,746	1,496	1,393	1,250	1,099	939
Corpus uteri (C54)	1,314	1,666	1,729	1,800	1,894	2,001
Ovary (C56)	2,192	2,331	2,479	2,643	2,773	2,954
Prostate (C61)	4,303	5,563	5,535	6,288	7,367	8,099
Testis (C62)	852	949	1,050	1,126	1,198	1,269
Kidney (C64)	1,658	1,970	2,149	2,538	2,884	3,238
Bladder, all (C67, D09.0, D41.4)	4,472	4,641	4,641	4,626	4,634	4,651
Brain, meninges and CNS (C70-C72)	1,443	1,458	1,487	1,584	1,647	1,727
Hodgkin's disease (C81)	611	563	595	608	608	622
Non-Hodgkin's lymphoma (C82-C85)	2,635	2,836	3,258	3,714	4,126	4,442
Leukaemia (C91-C95)	1,776	1,902	1,974	2,084	2,184	2,252
Other and unspecified	9,076	9,080	9,172	9,519	9,919	10,362
<b>Total</b>	<b>83,381</b>	<b>87,126</b>	<b>87,734</b>	<b>91,097</b>	<b>95,269</b>	<b>100,111</b>

<sup>1</sup> This does not take into account a short to medium term increase in breast cancer cases expected as a result of extending the Scottish breast screening programme upper age range from 64 to 70.

Table 2b: Observed and predicted numbers of cases by cancer site, ages 75+

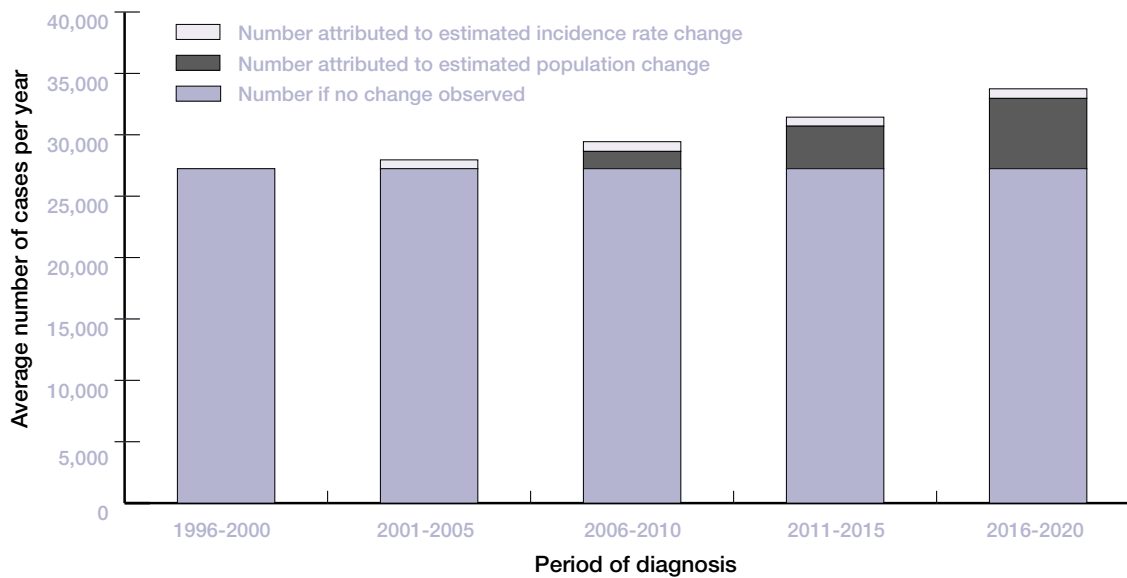
Cancer	1991-95	1996-00	2001-05	2006-10	2011-15	2016-20
Head and neck (C00-C14, C30-C32)	930	1,077	1,128	1,324	1,495	1,685
Oesophagus (C15)	1,369	1,492	1,745	2,016	2,327	2,715
Stomach (C16)	2,170	2,048	2,044	1,937	1,873	1,739
Colorectal (C18-C20)	6,316	7,060	8,153	9,269	10,762	12,171
Lung (C33-C34)	7,639	8,138	9,471	9,846	9,746	9,582
Pancreas (C25)	1,228	1,368	1,466	1,628	1,780	2,068
Melanoma (C43)	531	685	802	984	1,198	1,426
Breast (C50)	3,839	4,084	4,737	5,242	5,883	6,665
Cervix (C53)	219	241	148	99	70	55
Corpus uteri (C54)	407	538	616	699	816	943
Ovary (C56)	716	843	974	1,081	1,240	1,344
Prostate (C61)	4,049	4,499	4,943	5,432	6,214	7,307
Testis (C62)	11	17	14	18	26	36
Kidney (C64)	649	757	861	1,062	1,229	1,470
Bladder, all (C67, D09.0, D41.4)	2,532	2,897	3,484	4,006	4,562	5,130
Brain, meninges and CNS (C70-C72)	220	332	304	361	418	482
Hodgkin's disease (C81)	61	65	59	59	63	69
Non-Hodgkin's lymphoma (C82-C85)	1,056	1,320	1,510	1,742	2,123	2,682
Leukaemia (C91-C95)	1,008	1,094	1,323	1,534	1,772	2,074
Other and unspecified	5,930	6,526	7,208	7,758	8,320	8,969
<b>Total</b>	<b>40,880</b>	<b>45,081</b>	<b>50,989</b>	<b>56,096</b>	<b>61,917</b>	<b>68,613</b>

Figure 1: Observed (1961-2000) and projected (2001-2020) incidence estimates for the most common<sup>1</sup> cancers



<sup>1</sup> Most common 10 cancers according to the predictions for 2016-2020

Figure 2: Impact of population effect<sup>1</sup> and incidence effect<sup>2</sup> on the projected (2001-2020) incidence estimates



<sup>1</sup> The additional cancer cases expected if the incidence rates observed during 1996-2000 remained constant in the future and the only influence on the numbers was the predicted change in population size.

<sup>2</sup> The additional cancer cases expected due to a predicted increase in cancer incidence rates in the future (note: this figure is the summation of cancers where incidence is expected to increase plus those where incidence is expected to decrease) and is independent of population change.

## DISCUSSION

The numbers of new cases of cancer seen in a population are products of individual risks of developing cancer and the numbers of individuals actually at risk. The present analysis suggests that the dominating feature determining cancer incidence in Scotland in the next twenty years will be growing numbers of older people. Although an individuals' risk will increase for many cancers, there are notable exceptions: lung cancer risk is continuing to decline in men and is expected to begin to decline very soon in women; cervical cancer incidence is expected to fall further as screening and potentially other preventive measures become more effective; finally, the reduction in risk in stomach cancer is part of a long-term trend which has been seen in many developed countries.

The projections presented in this report are clearly of practical significance to the planning of cancer services in Scotland. How robust are the data? Appendix A describes a validation exercise in which the methodology was applied to historical data for 1961-1990 in order to estimate incidence for 1991-2000. The latter was then compared to the incidence actually observed for this period. Overall, the results were encouraging for all cancers in aggregate: the estimates were within 2% of the observed data. However, for some of the less common cancers the estimates and observed incidence differed by 30% or more. This tended to be due to interventions which occurred after the period of the observed data used in the model. For example, improvements in the cervical screening programme in the early 1990s. For the more common cancers such as breast, lung and colon-rectum, the results are more satisfactory. Therefore we believe that use of the projections in aggregate and for the major cancers is suitable for planning purposes, but would urge caution in use of data for less common cancers in isolation.

Advances in the methodology for calculating projections have been made since the preparation of the *Cancer Scenarios* report in 2000. A similar project was undertaken in New Zealand (New Zealand Ministry of Health, 2002). This suggested that the APC models used in the analyses presented here can give projections that are too high for cancers where the rate is increasing relatively fast. This will be investigated before the next set of projections are published. Specifically, the New Zealand approach involved use of:

- Generalised linear models (APC models as used in this report; Clayton and Schliffers, 1987) with drift applied using Osmond technique (Osmond, 1985)
- Non-parametric generalised additive models (GAM) (Wahba, 1990; Hastie and Tibshirani, 1990)
- Non-linear models (Dyba and Hakulinen, 2000)

The projections would then be based on all the models passing the initial testing phase using a *model averaging* process. This would comprise of the mean of the modelled number of cases of the models selected and fitted for each cancer site. In the New Zealand report this average gave a better fit than any of the component models in their empirical testing.

## APPENDIX A: EMPIRICAL TESTING

To test the validity of the chosen models they were fitted using data from 1961-1990 and the projected numbers of cases were then estimated for 1991-2000 using the same projection method as used for the main analysis applied to the most parsimonious model. The differences between the observed and predicted values (see Table A1) show that overall the estimate was very close (difference 1,588 cases; 1.2% higher than was actually observed), but for individual cancer sites the accuracy of the predictions did vary considerably.

The prediction underestimated the true number of cases by more than 20% for cancers of rectum in males, melanoma in females, prostate and brain in males. Male rectal cancers and prostate cancers saw a rise in the 1990s that could not have been predicted beforehand. The models performed poorly at predicting the trends for females with melanoma – a very conservative model (predicting 1,533 cases) being chosen over a highly escalating model (2,734 cases). A similar situation was observed for males with brain cancer. Due to this, the younger age groups were modelled differently in the main analyses.

The prediction overestimated the true number of cases by more than 20% for cancers of cervix, melanoma in males, NHL, leukaemia, and other and unspecified tumours in males. The decrease in cervical cancers was a result of service re-organisation that could not have been predicted beforehand. The rate of increase in melanoma in males in the 1980s did not continue in the 1990s and this also could not have been predicted. Trends in the other and unspecified tumours are difficult to comment on because they comprise of a mixed group of tumours. The models performed poorly at predicting the trends for NHL and leukaemia. Again, as a result of this, the younger age groups were modelled differently in the main analyses.

**Table A1: Accuracy of the predicted compared to observed estimates for 1996-2000; prediction based on 1961-1990 trends and known population estimates**

Cancer group	Sex	Observed Cases	Minimum Difference		
			Model	N	%
Head and Neck	M	3,441	D2	103	3.0%
	F	1,492	D1	-178	11.9%
Oesophagus	M	2,315	D1	155	6.7%
	F	1,586	D1	49	3.1%
Stomach	M	2,830	D1	303	10.7%
	F	1,974	ND3	-178	9.0%
Colon	M	5,605	D2	-360	6.4%
	F	5,728	D1	63	1.1%
Rectum	M	3,478	D1	-717	20.6%
	F	2,417	D3	-20	0.8%
Lung	M	13,442	D2	351	2.6%
	F	9,878	D2	-118	1.2%
Pancreas	M	1,487	D2	55	3.7%
	F	1,666	D3	-220	13.2%
Melanoma of skin	M	1,367	D2	399	29.2%
	F	1,912	ND1	-379	19.8%
Breast	F	17,392	D2	310	1.8%
Cervix	F	1,709	D3	831	48.6%
Corpus uteri	F	2,194	ND1	-332	15.2%
Ovary	F	3,045	D1	84	2.8%
Prostate	M	10,061	ND1	-1,890	18.8%
Testis	M	948	ND2	-1	0.1%
Kidney	M	1,603	D1	-175	10.9%
	F	1,104	D1	-124	11.3%
Bladder (invasive, insitu and uncertain behaviour)	M	5,193	D1	308	5.9%
	F	2,298	D1	108	4.7%
Brain, meninges and CNS	M	878	D1	-282	32.1%
	F	729	D1	-82	11.2%
Hodgkin's disease	M	340	D1	15	4.4%
	F	288	D1	18	6.3%
NHL	M	1,899	ND1	430	22.6%
	F	2,083	D1	428	20.6%
Leukaemia	M	1,534	D1	303	19.8%
	F	1,298	D1	308	23.8%
Other and Unspecified	M	7,242	D1	1,625	22.4%
	F	7,961	D1	400	5.0%
<b>Total</b>		<b>130,417</b>		<b>1,588</b>	<b>1.2%</b>

Note: Negative values denote underestimates

## APPENDIX B: COMPARISON OF RESULTS WITH THOSE PREVIOUSLY PUBLISHED IN *CANCER SCENARIOS*

The estimates from *Cancer Scenarios* (old) are compared to those presented here (new) in Table A2.

**Table A2: Old and new estimates of number of cases expected in 2010-14 (5 years combined)**

Cancer	Old estimates	New estimates	Difference (N)	Difference (%)
Head and Neck	6,738	6,246	-492	-8
Oesophagus	6,223	5,630	-593	-11
Stomach	2,903	3,931	1,028	26
Colorectal	23,254	22,336	-918	-4
Lung	22,577	21,122	-1,455	-7
Pancreas	3,004	3,805	802	21
Melanoma of skin	5,552	5,027	-525	-10
Breast	23,377	21,902	-1,474	-7
Cervix	1,958	1,169	-789	-68
Corpus Uteri	2,051	2,710	658	24
Ovary	3,317	4,013	696	17
Prostate	21,516	13,581	-7,935	-58
Testis	1,361	1,225	-136	-11
Kidney	4,167	4,112	-55	-1
Bladder	9,075	9,196	121	1
Brain	1,974	2,065	91	4
Hodgkin's disease	671	671	0	0
NHL	7,928	6,249	-1,679	-27
Leukaemia	3,752	3,956	204	5
Other and unspecified	17,487	18,239	751	4
<b>Total</b>	<b>168,885</b>	<b>157,185</b>	<b>-11,699</b>	<b>-7</b>

There are two aspects that can account for differences in these estimates compared to those in *Cancer Scenarios*. First, the population predictions have changed and second, the addition of 5 years of observed data from the cancer registry may impact on the predicted incidence trends.

### 1) *Population predictions*

The population projections provided by the Government Actuary Department have changed substantially between those based on Scottish population estimates for 1996 (used for *Cancer Scenarios*) and their most recent projections, which include information from the 2001 census and based on the Scottish population in 2002 (see Table A3). The change that will have the largest impact on the cancer predictions is the fact that many more elderly people (aged 75+) are now expected in the Scottish population by 2010-14 (8% more females and 14% more males compared to the 1996-based predictions).

**Table A3: Changes in the population projections: 2002-based projections compared to 1996-based projections (which were used in the Cancer Scenarios report)**

Sex	Age	Difference (ratio) b2002/b1996			Difference (N) b2002-b1996		
		2000-04	2005-09	2010-14	2000-04	2005-09	2010-14
F	<35	0.99	0.98	0.97	-79,644	-124,717	-122,823
	35-59	1.01	1.01	1.00	34,269	31,876	17,289
	60-74	1.02	1.03	1.03	39,515	52,066	47,676
	75+	1.03	1.05	1.08	32,269	57,658	74,504
M	<35	0.96	0.95	0.95	-247,260	-247,536	-203,913
	35-59	0.98	0.96	0.93	-81,817	-197,813	-238,928
	60-74	1.02	1.03	1.03	37,058	54,218	47,272
	75+	1.04	1.08	1.14	22,595	53,690	77,519

Source of population projections: Government Actuary Department

## 2) Incidence trends

The original estimates were based on incidence trends up to 1995, whereas the new estimates include trends up to 2000; a further 5 years of observed data. The underlying trends have changed considerably for some cancers in the last 5 years (e.g. prostate cancer – this is known to be due to changes in diagnostic practice).

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