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Glasgow 2014 – Delivering a lasting legacy for Scotland  
Scottish Government  
Area 2 – F(S)  
Victoria Quay  
Edinburgh  
EH6 6QQ

Date 10 July 2008  
Your Ref  
Our Ref

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Dear Colleague,

### **Scottish Government: Glasgow 2014 Commonwealth Games**

Thank you for the opportunity to participate in the above Scottish Government consultation. The content of this response represents views on behalf of NHS Tayside and are as follows:

It is important to encourage young people to participate in healthy exercise in schools in parallel with development of athletes who will compete in the Games and opportunities relating to healthy weight / reduction in obesity levels are supported and need to be maximised.

There would be benefit from developing young peoples' connections on an international basis and from establishing bursaries for young people from deprived areas who show promise as future sportsmen and sportswomen as part of the legacy.

Further benefit could be gained from spreading the Games' sporting facilities around the country as a means of encouraging uptake of sports.

Positive outcomes could be achieved from giving young people from deprived areas opportunities for employment training to work within the various areas of the Games' infrastructure using NHS Tayside Healthcare Academy principles.

There is potential benefit from increasing the use of prescriptions for health linked to the Games and from providing easy access to the Games for children from deprived areas and for children with disability as a means of encouraging and motivating them towards healthier lifestyles.

There is opportunity to involve athletes in promoting positive mental health and well-being and this should not be missed.

I trust that this response has been useful and I attach a completed respondent information form, as requested.

**Brian Kelly**  
**Strategy & Regional Planning Projects Manager**

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Chief Executive, Professor Tony Wells