

## RESPONSE TO CONSULTATION DOCUMENT :

### TOWARDS A MENTALLY FLOURISHING SCOTLAND : THE FUTURE OF MENTAL HEALTH IMPROVEMENT IN SCOTLAND 2008-11

1 What shared objectives and actions for local delivery should be made for 2008-11 that would be deliverable, measurable and valuable?

Each Health Board should have met at least two of the targets in "Delivering for Mental Health. The experience of co-working between Boards and other stakeholders will have facilitated other co-working initiatives as well as delivering on the target.

Lothian has been doing Out of Hours and the Stepped Care Programme. These two initiatives have highlighted areas of weakness and of strengths. Some groups have found interaction between different professionals, users and carers difficult. Some have not been able to find the necessary participants. Others, on the other hand have become a cohesive group of leaders willing to deliver change, their participants willing to help other Boards doing similar work.

2 What national supports would help you to meet these objectives and actions?

- A. It is necessary that participants are given financial resources to be able to give of their time fully. Change cannot be done on the cheap.
- B. It is necessary that there is enough academic research findings available so that participants have a sound basis for their work.
- C. Participants need facilitators who can sort out local problems and who can take the problems higher so that a change of policy can be effected if the problem is widespread.

3 How can Progress be tracked and Performance assessed?

Tracking: As the IT systems between Health Boards are not compatible, neither are they compatible with those of the Government they will have to be made so as soon as possible.

Each Health Board has its own terminology. This will have to be synchronized too.

Assessment: Performance can be assessed by nationally administered surveys at agreed dates. This depends on A being in Place

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