

CONSULTATION QUESTIONS

1. Do you agree that local authorities should be under a duty to ensure that food and drinks which they provide in their schools, including nurseries, meet defined nutrient standards?

Yes No

Comment (add separately if required)

2. Where children are attending independent schools, and where the provision of food and drinks are arranged or funded, by a local authority, should the food and drinks meet defined nutrient standards?

Yes No

Comment (add separately if required)

3. Should local authorities be under a duty to promote uptake of school meals in their schools, including free school meals?

Yes No

Comment (add separately if required)

4. Should local authorities be under a duty to ensure that those taking free school meals can do so anonymously, as far as is practicable?

Yes No

Comment (add separately if required)

5. Should local authorities have the power to provide children in local authority schools with free drinks, fruit, vegetables, bread or cereal based snacks, which meet defined nutrient standards?

Yes No

Comment (add separately if required)

We continued to pay for fruit from school funds when the local supplier stopped donating to our P4-7 classes. We did not want to break habits that had started. I do not know what we will do when this funding runs out. We will need to do some creative thinking.

6. Should there be a duty on Scottish Ministers and local authorities to endeavour to ensure that all local authority schools are health promoting schools?

Yes No

Comment (add separately if required)

7. Any other comments? (add separately if required)

Our children now take the changed school meals after initial resistance.

However, there is much to do about those who transferred to packed lunches. Some did not return to school meals.

The biggest challenge for us is to change the content of these. We have done surveys and rewarded packed lunch children who include fruit. There is still a core who continue with high fat, high carbohydrate foods. Encouraging parents to include healthier options is our promotion task. Another challenge is to promote more eating of vegetables, as almost all children eat a piece of fruit each day in school. More literature needs to be published to help promote just vegetables.