

1. Do you agree that local authorities should be under a duty to ensure that food and drinks which they provide in their schools, including nurseries, meet defined nutrient standards?

Yes  No

Comment (add separately if required)

2. Where children are attending independent schools, and where the provision of food and drinks are arranged or funded, by a local authority, should the food and drinks meet defined nutrient standards?

Yes  No

Comment (add separately if required)

3. Should local authorities be under a duty to promote uptake of school meals in their schools, including free school meals?

Yes  No

Comment (add separately if required)

4. Should local authorities be under a duty to ensure that those taking free school meals can do so anonymously, as far as is practicable?

Yes  No

Comment (add separately if required)

5. Should local authorities have the power to provide children in local authority schools with free drinks, fruit, vegetables, bread or cereal based snacks, which meet defined nutrient standards?

Yes  No

Comment (add separately if required)

6. Should there be a duty on Scottish Ministers and local authorities to endeavour to ensure that all local authority schools are health promoting schools?

Yes  No

Comment (add separately if required)

7. Any other comments? (add separately if required)

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## Improving the Health and Nutrition of Scotland's Children: Consultation

### Additional information.

1. Defined nutritional standards within schools and nurseries will ensure a consistent approach to provision of healthy food, and support moves away from traditional tuck shop fare. This should be supported and backed up by school policy regarding what is brought into school from outside. There is a need for wider community involvement with the same guidelines applied to sports and community centres.

4. The most effective way to eliminate stigma entirely is to provide free meals for all. Cashless catering only disguises stigma - the student in receipt of the meal has to calculate what they can spend to avoid embarrassment at the till point.

5. Breakfast clubs have resource implications for staffing, ingredients costs.

Scottish Executive should consider providing free fruit and meals during the summer holidays.

7. Any other comments?

Re: " we do not consider this an effective way in which to achieve our goals of improvement and diet and health and at the same time target inequalities ..."

Surely universal provision would address all these issues in one fell swoop. Obesity and diet related ill health is not the prerogative of those living in disadvantage.

In addition, parents would be discouraged from sending in packed lunches which are often of poor nutritional content.

On another note, I am disappointed in the timing of this document as the consultation period is taking place while the schools are on holiday, thus limiting the opportunities for school staff to contribute.